

Getting ready for Tracie's big swim

THE WEXFORD Masters Sea Swimming Club will host the second annual Tracie Lawlor Cup sea swim race on Saturday, July 14th at Curraclloe Beach. The mens race gets away at 4.15pm, with the womens race following at 5pm.

Contestants can sign-on at the

Winning Post from 3pm.

Competitors must hold a Swim Ireland Licence and anybody under 18 years of age must present a signed parental consent form.

The race distance is 1.8km and over 100 of Ireland's top open water swimmers are

expected to compete.

Prizes will be presented in Hotel Curraclloe after the event, which is being run in conjunction with the Tracie Lawlor Trust, a local non-waged charity dedicated to raising awareness of Cystic Fibrosis (CF).

Ireland has the highest rate of

CF in Europe and the Tracie Lawlor Trust is currently conducting a massive research project into integrative health care options for CF patients throughout Ireland.

Wexford Masters Sea Swim Club was formed in January 2012 with membership increas-

ing from week to week.

The club meets at Curraclloe, Rosslare and Carne for training on Tuesdays (7pm) and Sundays (11am).

For further information log onto www.wexmseaswim.com.

Email wexfordopenwaterseaswimming@gmail.com.